

# MARCH PROMPTS

## Faith, Hope, & Resilience

- Write about a time your faith was challenged.
- How do you practice faith daily?
- Describe a source of hope in hard times.
- Write about a time you felt deeply connected to your beliefs.
- What's a moment that strengthened your resilience?
- How does your faith guide you today?
- Describe a mentor who inspired your faith journey.
- How has your faith evolved over the years?
- Write about a time you felt divine guidance.
- How do you nurture your spiritual life?
- What brings you peace during difficult times?
- How does your faith help you find purpose?
- Write about a moment that felt like a miracle.
- Describe an act of forgiveness.
- How do you find strength in uncertainty?
- Reflect on a passage or phrase that comforts you.
- How do you stay hopeful?
- Describe a time you leaned on prayer or meditation.
- What's one belief you hold dear?
- How do you seek wisdom?
- Reflect on an answered prayer.
- Write about the role faith has in your relationships.
- What would you tell someone struggling with doubt?
- How do you see your faith in action?
- Describe a life lesson tied to faith.
- What values guide you through hard times?
- How do you find peace in a noisy world?
- Write about the importance of kindness.
- Reflect on the month: what strengthened you?